

David Ashworth's

# CIRCLE of LIGHT

*There is no beginning, there is no end, there is only the Circle of Light*



## After the Earth Healing, what do I do with the Bottle of Water?



The water in your bottle is a vibrational essence that has been given to you by our Earth Mother. It is both for the Earth Healing and for your own Spiritual Development.

The essence opens your heart and creates you as a bridge between Heaven and Earth. This allows the Father to connect with the Mother through your heart for the Earth Healing process.

### **Your Gift from Mother Earth**

Once you have used the essence for the Earth Healing, the rest of the bottle is for you and your own Spiritual Development. It has been gifted to you from Mother and Earth and sometimes both Mother Earth and Father Heaven, the Divine Feminine and Divine Masculine.

Read Teaching No.6, **Making and Taking Your** Essence, where there is also a short video that shows you how to make and take it.

### **Summary**

1. At the moment of Earth Healing you will take some essence yourself, and then share some with the Earth.

After the Earth Healing the rest of the bottle is for you.



2. The vibration in the water lasts around 21 days, so you should take the essence every day for around 21 days. You can take it just like you would a small bottle of essence.

- 1 - In the morning
- 2 - Middle of the day
- 3 - Just before you go to bed at night

As the vibration begins to fade away, at around 21 days, those who are sensitive usually feel it – it doesn't call to your heart any longer.

3. If there is any water left in the bottle after 21 days, then pour this back into the Earth and give thanks for it.

Then you have completed your individual Spiritual Journey of bringing Light to Mother Earth and in return, benefitting from the essence.

### **From Registration to Completion**

We usually begin Registration for the Earth Healing around 2 weeks before the event and as soon as you register, the Light begins to flow to your heart to prepare you for the event. If you add this 2 weeks plus the 3 weeks of taking your essence after the event, then you have been in the Light of Spiritual Development for 5 weeks in total. Then your system is ready to rest and allow the light that you have absorbed during this journey to continue to unfold you.

With my Deepest Love and Blessings,

David.

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